

A Posi+ive Life

PROMOTIONAL PACK 2020/21

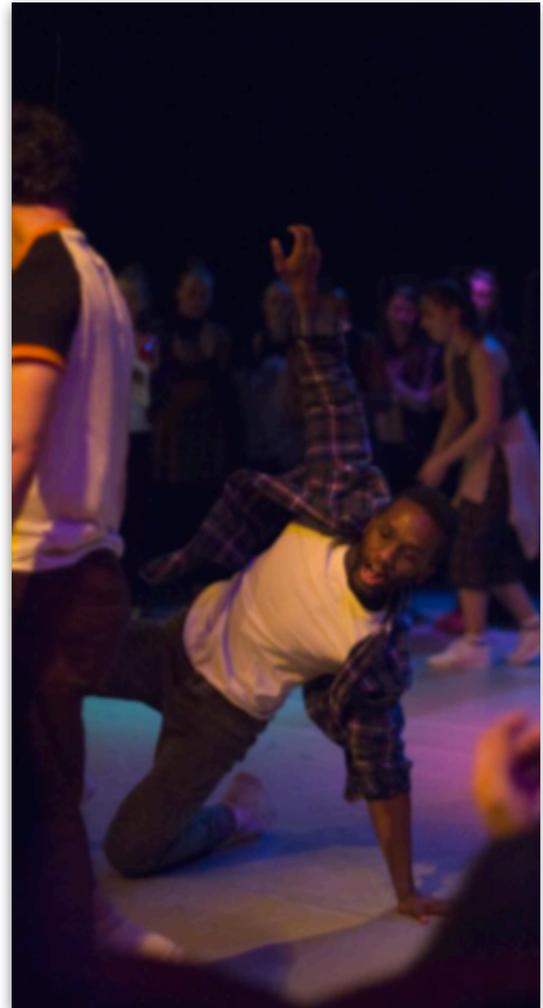
An immersive sex ed' and coming of age dance theatre experience for teenagers and young adults.



Autin Dance Theatre presents **A Posi+ive Life** with the support of Arts Council England, Birmingham Education Partnership, Arts Connect and Midlands Arts Centre, Birmingham.

A Posi+ive Life is an accessible, immersive and interactive theatre experience led by six contemporary characters featuring dance, physical theatre, spoken word and BSL interpretation. The piece is a special invitation to a house party like no other, where a web of stories around sex, love and relationships unveils, with audience participation and original scenography transporting the guests to the heart of the story. The play runs for 60 minutes and is aimed at young people (14+) with an uplifting and engaging message on self-love, sexual health topics and sex ed' stories that can be enjoyed by all!

This performance is one part of a comprehensive creative package, delivered by the company, alongside sex and relationships educator Gillian Leno, which also includes a programme of audience development: community outreach, masterclasses and post-show discussions. Available both live and digitally.



"Captivating, emotional, amazing!"
Audience



Creative Team

Director/Choreographer: Johnny Autin

Performers: Katie Albon, Jasmine Gardosi, Shelley Eva Haden, Ashley Jordan, Michael Kelland, Donna Mullins

Producer: Kirsten Tranter

Production Assistant: Annalise Cowan

Dramaturg: Neus Gil Cortes

Theatre Practitioner: Olivia Winteringham

BSL Intepreter: Rachael Veazey

Composer: Richard Shrewsbury

Sex and Relationships Educator: Gillian Leno



AUTIN
DANCE THEATRE



Accessibility for Participants and Audience Members

The play has Live British Sign Language Interpretation and is accessible for wheelchair users and those with reduced mobility.

Audience development:

We offer educational workshops in schools and community centres, post-show discussions (Q&A), curtain raiser performance and masterclass opportunities. All our dance artists and performers have up-to-date enhanced DBS checks and public liability insurance.



Promo film

<https://bit.ly/APLpromo>



Full film

<https://bit.ly/APLfull>

SCAN ME

We believe effective sex and relationship education is essential if young people are to make responsible and well-informed decisions about their lives. **A Posi+ive Life** is an accessible, inclusive and authentic performance that creates safe spaces for young audiences to explore and navigate their way through these often difficult, personal issues and stories.

*"A Posi+ive Life meets **Birmingham Education Partnership**'s aims of supporting schools through Arts and Culture to improve the education and well-being of our young people. It also contributes to our work with schools in supporting them in tackling more challenging themes. I feel this approach could also send a positive message to other Artists and Organisations and inspire them to look at new and innovative ways to work and collaborate with schools."*

Andrew Fox - Arts Engagement Coordinator, Birmingham Education Partnership



"Edgy, thrilling, positive"
Audience

Autin Dance Theatre is an independent arts organisation established in Birmingham since 2013. Under the helm of Director/Choreographer Johnny Autin, the Company produces innovative and aspirational artistic performances and provides extensive learning and participation programmes in the community. AutinDT started to develop this performance in 2015 and has, since then, toured extensively in the West Midlands in community and secondary schools' settings and to theatres and art centres nationally.

"The company draws on contemporary social issues and events making work which is beautifully crafted, accessible and relevant".



"Authentic, spontaneous, inclusive"
Audience

Press and Media Coverage

<https://bit.ly/APLpress>





Tour booking available Autumn 2020 & Spring 2021

Production information:

- The performance is suitable for ages 14+.

Please note that this show contains some scenes of a sexual nature, strong language and images that some people may find distressing.

- The production requires a flat and even performance space of 10 x 10 metres (black box style with flexible seating arrangement retracted) and comes with a set of 6 moveable curtains, 3 tables, 6 chairs, 1 sofa, 1 bathtub, 1 single bed, 1 x standing full length mirror, 3 x hanging full length mirrors (to be hung at the venue).
- Maximum audience capacity: 80.
- Running time: 75 min, no interval.
- Technical requirements provided separately (lighting design and music files):
5 grey dance floors, coat racks for audience, up to 30 fold-up chairs, 1 x projector (projection needs to be 1.7m wide by 1.2m high), 2 technicians for get-in and for the day.

Marketing:

- We will supply the venue with marketing copy images and printed collaterals (flyers, posters, etc.)
- A marketing plan will be made available in addition to pre-written copy for social media advertisement.

Ticketing:

- Advised ticket price: £15.00/£12.00(conc.).
- Discounted prices can be negotiated for schools/youth centres who participate in workshops prior to the performance.

Available both live and digitally via streaming platforms.



Contact us:

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